

<b>ASST Ovest Milanese (West Milan Local Healthcare Authority)</b>  Department of Services and Diagnostic Imaging	<b>INFORMATION ON COLLECTING SAMPLES FOR CYTOLOGICAL EXAMINATIONS (sputum-urine)</b>	<b>MAC221-D</b>  Page 1 of 1
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Revision	Date	<b>VERIFICATION AND APPROVAL</b>	
		Office	Approved by
0	October 2021	Director of the Microbiology Unit and Head of the Analysis Laboratory Director of the Pathological Anatomy Unit	Dr Pierangelo Clerici Dr Paolo Fociani
1	February 2025	Director of the Analysis Laboratory Department Director of the Pathological Anatomy Department	Dr Sergio Finazzi Dr Paolo Fociani
2	Maggio 2025	Direttore SC Laboratorio Analisi Direttore SC Anatomia Patologica	Dr. S. Finazzi Dr P.Fociani
3	23 Marzo 2026	Direttore SC Laboratorio Analisi Direttore SC Anatomia Patologica	Dr. S. Finazzi Dr P.Fociani

## CYTOLOGICAL EXAMINATION OF SPUTUM

The cytological examination is performed at the Pathological Anatomy Department on three successive samples

- The collection must be done on an empty stomach.
- The fixative is alcohol- based, toxic if swallowed
- Cough phlegm, not saliva, into the jar, after brushing your teeth.
- Store the jars away from heat sources (they do not have to be stored in the refrigerator)
- Identify the containers with a label setting out Surname, Name, date of birth, and collection date
- At the end of the collection, deliver all samples containing sputum to the Legnano and/or Magenta Sample Collection Centre, together with the MUC05 form duly filled in, Monday to Friday by 09:30

## CYTOLOGICAL EXAMINATION OF URINE

The cytological examination is performed at the Pathological Anatomy Department on three successive samples

(do not carry out the examination during menstruation)

- Empty your bladder upon waking up
- Have breakfast regularly and drink water
- Urinate into a clean and dry wide-mouthed container (e.g. a plastic cup)
- Pour the collected urine into the test tube until it is full (50 ml mark)
- Store the jars away from heat sources (they do not have to be stored in the refrigerator)
- Identify the containers with a label setting out Surname, Name, date of birth, and collection date
- At the end of the collection, deliver all samples containing urine to the Legnano, Cuggiono, Abbiategrosso and/or Magenta Sample Collection Centre, together with the MUC04 form duly filled in, Monday to Friday by 09:30